



**WARRIOR RUN SCHOOL DISTRICT  
MIDDLE SCHOOL MENU**

**March 2023**

**\*MENU SUBJECT TO CHANGE\***

**\*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER  
AND EMPLOYER.**

**Breakfast Prices;** Reduced \$0.30, Paid \$1.35

**Lunch Prices;** Reduced \$0.40, Paid \$2.80

**\*FUEL UP WITH BREAKFAST!**

\*CHOOSE 1 ENTRÉE

\*CHOOSE 1 OR 2:

FRUIT/JUICE/VEGGIE

\*CHOOSE YOUR MILK:

1% & FAT FREE MILK CHOICES

**\*BUILD A HEALTHY LUNCH!**

\*CHOOSE 1 ENTRÉE

\*CHOOSE 1 OR 2 VEGGIES/

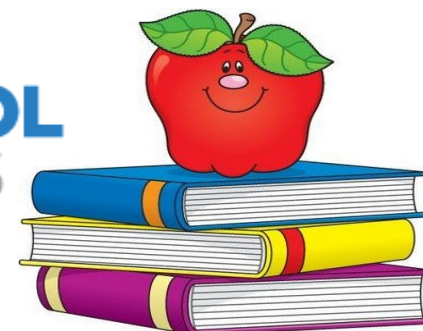
VEGGIE SALADS

\*CHOOSE 1 FRUIT

\*CHOOSE YOUR MILK:

1% & FAT FREE MILK CHOICES

**MY  
SCHOOL  
BUCKS**



**Weekly Breakfast Menu**

**Monday**

Breakfast Pizza



**Tuesday**

Cereal Bars



**Wednesday**

Mini Waffles



**Thursday**

Breakfast Sandwich



**Friday**

Frosted Donuts



**Available Daily at Breakfast**

\*Cold Cereal

\*1% & Fat Free Milk Choices

\*100% Fruit Juices











**AVAILABLE DAILY AT LUNCH:**

\*PBJ \*Anytizer \*Yogurt Parfait

\*Variety of Tasty and Healthy

Fruit & Veggie & Salad Choices

\*1% & Fat Free Milk Choices

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>27 <b><u>LUNCH</u></b></p> <p>Chicken Fajitas Roasted Cauliflower Variety of Vegetables and Fruit Variety of Milk</p> 	<p>28 <b><u>LUNCH</u></b></p> <p>Beef and Bean Chili with Baked Potato Variety of Vegetables and Fruit Variety of Milk</p> 	<p>1 <b><u>LUNCH</u></b></p> <p>Macaroni and Cheese Buttered Carrots Variety of Vegetables and Fruit Variety of Milk</p> 	<p>2 <b><u>LUNCH</u></b></p> <p>Popcorn Chicken Bowl Dinner Roll Steamed Vegetable Medley Variety of Vegetables and Fruit Variety of Milk</p> 	<p>3 <b><u>LUNCH</u></b></p> <p>Build-A-Burger Hamburger/ Cheeseburger Ranch Roasted Brussel Sprouts Variety of Vegetables and Fruit Variety of Milk</p> 
<p>6 <b><u>LUNCH</u></b></p> <p>Cheesy Beef Nachos Fiesta Corn Variety of Vegetables and Fruit Variety of Milk</p> 	<p>7 <b><u>LUNCH</u></b></p> <p>School– made Pizza Party! Roasted Zucchini Variety of Vegetables and Fruit Variety of Milk</p> 	<p>8 <b><u>LUNCH</u></b></p> <p>Chicken Potato Corn Chowder w/ Buttery Biscuit Steamed Broccoli Variety of Vegetables and Fruit Variety of Milk</p> 	<p>9 <b><u>LUNCH</u></b></p> <p>French Toast Sticks and Sausage w/ Hashbrown Variety of Vegetables and Fruit Variety of Milk</p> 	<p>10</p> <p><b>No School!</b></p> 

PA Harvest of the Month  
for February:



Dairy



Gluten























Egg

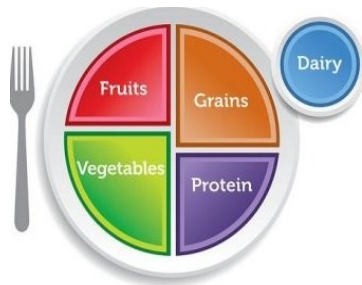


Peanuts



Seafood

<p>13 <b><u>LUNCH</u></b> Chicken Burrito Bowl Buttered Peas Variety of Vegetables and Fruit Variety of Milk</p> 	<p>14 <b><u>LUNCH</u></b> School-Made Stromboli Potato Puffs Variety of Vegetables and Fruit Variety of Milk</p>  	<p>15 <b><u>LUNCH</u></b> Chicken Alfredo Roasted Zucchini Variety of Vegetables and Fruit Variety of Milk</p>  	<p>16 <b><u>LUNCH</u></b> Fish Sticks Pretzel Rods Buttered Corn Variety of Vegetables and Fruit Variety of Milk</p>   	<p>17 <b><u>LUNCH</u></b> Pulled Pork Sandwich Steamed Green Beans Variety of Vegetables and Fruit Variety of Milk St. Patrick's Day Green Sugar Cookies!</p>   
<p>20 <b><u>LUNCH</u></b> Walking Tacos Roasted Cauliflower Variety of Vegetables and Fruit Variety of Milk</p> 	<p>21 <b><u>LUNCH</u></b> Chicken Nuggets Dinner Roll Steamed Broccoli Variety of Vegetables and Fruit Variety of Milk</p>  	<p>22 <b><u>LUNCH</u></b> Pierogis and Cornbread Steamed California Vegetable Medley Variety of Vegetables and Fruit Variety of Milk</p>   	<p>23 <b><u>LUNCH</u></b> Sweet and Sour Chicken w/ Vegetable Medley and Sticky Rice Variety of Vegetables and Fruit Variety of Milk</p>  	<p>24 <b><u>LUNCH</u></b> Hot Dog Sweet Potato Fries Variety of Vegetables and Fruit Variety of Milk</p> 



#### LUNCH NOTES

**Additional Fruits available daily may include: Banana, Fresh Orange, Local Apples, Tropical Pineapple, Juicy Sliced Peaches, Chilled Applesauce, Mixed Fruit, Pear Slices, Mandarin Oranges**

**Additional Veggies available daily may include: Baby Carrots, Crisp Celery Sticks, Broccoli Florets, Fresh Cauliflower, Grape Tomatoes, Mixed Pepper Strips**

QUESTIONS?  
Call our Food & Nutrition  
Services Office  
(570) 649-2005  
\*Pre-Pay online at  
[myschoolbucks.com](http://myschoolbucks.com)