	WARRIOR RUN SCHOOL DISTRICT <b>High School Menu</b> <b>December 2022</b> *MENU SUBJECT TO CHANGE* *THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. Breakfast Prices; Reduced \$0.30, Paid \$1.35 Lunch Prices; Reduced \$0.40, Paid \$2.80		*FUEL UP WITH BREAKFAST! *CHOOSE 1 ENTRÉE *CJOOSE 1 OR 2: FRUIT/JUICE/VEGGIE *CHOOSE YOUR MILK: 1% & FAT FREE MILK CHOICES *BUILD A HEALTHY LUNCH! *CHOOSE 1 ENTRÉE *CHOOSE 1 OR 2 VEGGIES/ VEGGIE SALADS *CHOOSE 1 FRUIT *CHOOSE 1 FRUIT *CHOOSE 1 FRUIT *CHOOSE YOUR MILK: 1% & FAT FREE MILK CHOICES		
<u>Weekly Breakfast Menu</u> Monday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Pizza (a) (a) (b) Tuesday Pancake Bar (a) (b) Wednesday Breakfast Sandwich (b) (c) Thursday Mini Cinnis	28 NO SCH FO STUDE	R	30 <u>LUINCH</u> Chicken Tenders and Buttery Biscuit Honey-glazed Carrots Variety of Vegetables and Fruit Variety of Milk	1 <u>LUNCH</u> Popcorn Chicken Bowl Steamed Vegetable Medley Variety of Vegetables and Fruit Variety of Milk	2 <u>LUNCH</u> Hamburger/ Cheeseburger or Hotdog Pasta Salad Variety of Vegetables and Fruit Variety of Milk
<ul> <li>(i) ①</li> <li>Friday</li> <li>Breakfast Sandwich</li> <li>(i) ① ⑤</li> </ul>					
Available Daily at Breakfast *Cold Cereal *Variety of breakfast items *1% & Fat Free Milk Choices *100% Fruit Juices100DairyOctober Harvest of the MonthImage: Colspan="2">Egg	5 <u>LUNCH</u> Cheesy Beef Nachos Mexican Street Corn Variety of Vegetables and Fruit Variety of Milk	6 <u>LUNCH</u> Chicken & Dumpling Soup Butter Biscuit Variety of Vegetables and Fruit Variety of Milk	7 <u>LUNCH</u> School-made Stromboli Steamed Broccoli Variety of Vegetables and Fruit Variety of Milk	8 <u>LUNCH</u> Fish Tacos Peach Salsa Steamed Broccoli Variety of Vegetables and Fruit Variety of Milk	9 <u>LUNCH</u> Pulled Pork Sandwich Baked Beans Variety of Vegetables and Fruit Variety of Milk
PeanutsImage: Peanuts </td <td></td> <td></td> <td></td> <td><b>()</b></td> <td></td>				<b>()</b>	

DAILY PIZZA SPECIALS (i) () MONDAY Cheese Pizza TUESDAY Garden-Fresh Pizza WEDNESDAY Crispy Chicken Pizza THURSDAY Cheesy Alfredo Pizza FRIDAY Pepperoni Pizza	12 <u>LUNCH</u> Chicken Quesadilla Spanish Rice Roasted Zucchini Variety of Vegetables and Fruit Variety of Milk	13 <u>LUNCH</u> Ham and Green Bean Soup Buttery Biscuit Variety of Vegetables and Fruit Variety of Milk	14 <u>LUNCH</u> French Toast Sticks and Sausage Hashbrown Casserole Variety of Vegetables and Fruit Variety of Milk	15 <u>LUNCH</u> Christmas Meal Roasted Ham Scalloped Potatoes and Green beans Peppermint Brownie Bites Variety of Vegetables and Fruit Variety of Milk	16 <u>LUNCH</u> Cook's Choice Variety of Vegetables and Fruit Variety of Milk
AVAILABLE DAILY AT LUNCH:					
*PBJ *Yogurt Parfait *Variety of Salads *Variety of Milk includes 1% Flavored and Unflavored Milk & Fat Free Milk Choices <b>*<u>VEGAN OR VEGETARIAN?</u></b> No Problem— ask your server for options	19 <u>LUNCH</u> Cook's Choice Variety of Vegetables and Fruit Variety of Milk	20 <u>LUNCH</u> Cook's Choice Variety of Vegetables and Fruit Variety of Milk	21 <u>LUNCH</u> Cook's Choice Variety of Vegetables and Fruit Variety of Milk		23

## Fruits Vegetables Protein

## LUNCH NOTES

Additional Fruits available daily may include: Banana, Fresh Orange, Local Apples, Tropical Pineapple, Juicy Sliced Peaches, Chilled Applesauce, Mixed Fruit, Pear Slices, Mandarin Oranges, Strawberry cups, Peach cups Additional Veggies available daily may include: Baby Carrots, Crisp Celery Sticks, Broccoli Florets, Fresh Cauliflow-

er, Grape Tomatoes,

QUESTIONS? Call our Food & Nutrition Services Office (570) 649-2005 \*Pre-Pay online at myschoolbucks.com